FASHION, SHOPPING, CULTURE AND LIFE MAGAZINE

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# **COLORFUL WELCOME TO THE NEW YEAR**

lth by Özdilek EN

NOVEMBER - DECEMBER 2019 - ISSUE 18

World's Most Stylish and Charismatic Leader MUSTAFA KEMAL ATATÜRK

# **A FASCINATING ATMOSPHERE "WHITE WINTER"**

FLASHY **STYLES** 

# STAR ACTRESS: EMILIA **CLARKE**

**DİLEK BAYRAM "ÖZDİLEK IS MY SECOND UNIVERSITY**"

> **City Of Civilizations:** KAYSER

# ROM **"I SUPPORT EVERY KIND OF GOOD MUSIC"**

RAFET



# A WORLD BEYOND IMAGINATION...

ÖzdilekParks offer a world beyond imagination to their visitors with their easy access locations, rich brand combination to appeal all styles, friendly service mentality and spacious architecture.





#### Dear We You They Readers,

EDITO

Hopes, warm dreams, good wishes... We are heading towards a brand new year when the winds of fall will give its place to the rain and white snow. I hope the new year will embrace us with all the beauty in this season when the stars look shinier.

In this issue coinciding with the 81th remembrance day of the Great Leader Mustafa Kemal Atatürk who is the classiest and charismatic leader of the century, we reflected the Great Leader's fashion sense which was beyond its time to our Storefront page and shared the unknown about his style with you. We remember Atatürk who was also pioneer in fashion as in every issue with respect and longing. Kayseri, the city of civilizations where the mansion used by Atatürk during his visit is located, draws attention both with its cultural and historical structure. The city established over the foots of Erciyes mountain is a must for ski fans due to its winter tourism. You can plan your winter holiday easily by looking our Travel page.

The year of 2019 was on the agenda of us all with its economic processes. We evaluated how this year was with Dilek Bayram who is Özdilek Holding's Assistant General Manager of Financial Affairs. We did a delighting interview which is full of important anecdotes regarding her successful education and career life, the financial operation of Özdilek Holding, her hobbies, social life and dreams. We covered our decoration pages with a warm white to create a fascinating atmosphere other than usual in our home, to make your spaces warmer while we are opening our doors to the beauties of the new year. We also compiled classy and elegant decoration products in our Storefront Decoration page for you.

Do not decide on your style of new year's eve without looking at our Storefront page. We also gathered the pieces that will reflect your glow in the new year's eve and each is more special than the other with pieces of glitter, metallic gray, stylish and the nobleness of the indispensable black which take us under their effect with the start of winter season.

We met with Rafet El Roman which is one of the romantic voices of Turkish pop music when there is very little time before bidding farewell to the old year. Do you wonder the unknown things about the successful singer whose love songs we listen fondly? Then, I am leaving you alone with the intimate interview of Rafet El Roman regarding his dreams and projects in the new year and the last issue of 2019.

Wishing you to have peaceful and happy times...

*Şenay c*Aslan Managing Editor

# we|you|they

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# CONTENT



- 4 News from Özdilek
- 10 News from ÖzdilekPark
- 20 Just for You at ÖzdilekPark

#### STOREFRONT

- 30 World's Most Stylish and Charismatic Leader
- 32 The Designs That Will Warm You This Winter is in Özdilekteyim
- 34 Colorful Welcome to the New Year

36

#### A FASCINATING ATMOSPHERE "White Winter"

We imagine changes in our lives with the positive energy as the new year approaches.



New Year Excitement

Has Beaun

# 22 INTERVIEW RAFET EL ROMAN

#### HEALTH

- 42 From Flu To Depression... Curative Fishes!
- 50 Nasal Blockage May Cause Serious Health Problems

#### ACTUALLY

4.4 Suggestions to Say "It's High Time"

#### TRAVEL

46 City of Civilizations:

KAYSÉ





# BEAUTY

54 Beauty Products That Will Prepare Your Skin for the New Year

ACTUALITY

58 World of Science with "Bakalım Biz"

**CINEMA** 60 Highlights of Cinetime

# FOCUS

64 Star Actress: Emilia Clarke

#### AGENDA

66 Events Not to Be Missed

#### **TECHNOLOGY**

68 The Newest and Most Advanced Technological Products

#### GOURMET

70 New Concept From The Creator of Tavuk Dünyası: Doyuyo!

#### **SOCIAL MEDIA**

76 Social Media Accounts that Grab Attention



# 44th Meeting for Reviewing Management's Quality Processes

The Reviewing Management's Quality Processes Meeting was organized for the 44th time by the Özdilek Holding Quality Management Department at Hilton Hotel.

Senior executives, operations managers, support and administrative department managers participated in the meeting.

In the meeting, convened to evaluate the first 6 months period of 2019, quality processes, food safety, energy, and customer satisfaction were discussed, and process performance data were examined in detail. Workplace safety data and analyses were reviewed, and measures to take for minimizing risks were determined.

## **Mexico Captured the Heart of İzmir**

Wyndham Grand İzmir Özdilek bid farewell to the fine weather of İzmir with a party it threw at the poolside.

The guests of this special night had a pleasant and warm İzmir evening with the songs played by the live band while having a taste of delicious Mexican food served in the banquet service.

Funda Çam, the General Manager of Wyndham Grand İzmir Özdilek expressed that they had the pleasure of realizing this beautiful organization, in which the guests had their fill of music and excitement at the poolside, adding, "With the Mexican Night, our poolside organizations end for this season, but we will continue to organize different thematic activities during winter."





## **ProSPIN at the International Textile Machinery Fair**

Özdilek participated in the International Textile Machinery Fair with its ProSPIN technology, which has an international patent and which has started a new era in ring spinning with the meticulous work of the R&D team specialized in thread production.

Kahramanmaraş Textile Machinery Fair (KTM), organized in KAFUM brought the most important textile technology manufacturers of Turkey and the world together for the fifth time in Kahramanmaraş, the capital of textile.

National and international technology manufacturers from thread, knitting, fabric, technical textile, paint – print, textile finishing, and machine accessory and spare parts industries had the opportunity to exhibit their innovations in KTM 2019.









## Özdilek the Fashion of your Home

Özdilek Home Textile performed the catalogue shootings of the products in the new season collection in the lush atmosphere of Mount Ida. Jessica May, the face of Özdilek Home Textile, participated in the one-week long shootings that took place in the Çetmihan Hotel in Yeşilyurt Village of Çanakkale.

The new fall – winter collection by Özdilek Home Textile is the trendsetter, again this season, in the home fashion with color and pattern alternatives adaptable to all kinds of living spaces. In addition to the blankets, designed for you to make a fabulous start for the day with poetic details reviving the geometric shapes, the natural impact of earth tones used in the products on living spaces becomes prominent. The collection, containing romantic flowers fluttering around, reflects the soothing effect of soft tones in the living spaces. The design and lines of the products in the fall – winter collection almost surround living spaces with their rising energy.

You may find the new season catalogue products of Özdilek Home Textile, which reshaping home textile fashion, at Özdilek stores and the online shopping site of Özdilek, Özdilekteyim.com.





# New Season Shooting from Özdilek to Inspire Your Style

The 2019 Fall – 2020 Winter textile collection catalogue shootings for the Özdilek stores were performed. The textile shootings, which lasted a week, was done in three different concepts and at three different locations. The shootings included products of world renowned brands in addition to Finesuits and Shefame, classical garment brands by Özdilek; Funfair, the children's clothing brand, and First Company, the casual clothing brand. Some of the shootings of the products in the catalogue were performed in the stunning scenery of Cappadocia between 15 -18 September. Photos of knitwear, suits, denim shirts, trousers, and jackets accompanied by warm colors such as brown, camel, maroon and mustard, looked just like postcards in the unmatched scenery.

In Özdilek Holding Duma Agency Photograph Studio designed to reflect the team of fall - winter, the classic clothing shootings which feature tartan and leopard patterns, fringe, embroidery and fur details were performed. Shefame brand offers many alternatives for the ones preferring an elegant vintage look with tartan and leopard details which are on the rise this year as in the last year. Finesuits suits designed with the trending colors, fabric and cuts of the 2019 - 2020 season promise a noble and charismatic look.

For the colorful new season products of children's clothing the Yenişchir Nature Agriculture Farm by Özdilek was preferred. The children carried out shots as entertaining as the products in the catalogue, with ponies and bicycles in the farm that contain paths and orchards. In the products of new season, Funfair offers a wide product range from sweaters knitted with healthy yarns to t-shirts, from trousers cut conforming to the actions of children to pajamas weaved with breathable fabric, from coats to comfortable sportive jackets, from colorful dresses to stylish blouses.

The Özdilek 2019 Fall – 2020 Winter catalogue and the new season products took their places at the Özdilek Shopping Centers, department stores and on Özdilekteyim.com.









## Semih Sayginer Dazzled Everyone with Billiards Show

Özdilek, which pays utmost attention to arts, sports and education in its activity planning, continues to bring world champion billiards player Semih Saygmer together with the visitors of the shopping centers.

Semih Saygıner met his fans at Özdilek Kocaeli, following ÖzdilekPark Antalya, Bursa Nilüfer and İstanbul. Saygıner, who carried his success across the national borders with numerous championships and awards he won, displayed a wonderful billiards show for our visitors. Involving the visitors in the game at times, Saygıner met his fans after the show and signed photos. The famous billiards player, who did not forget to take photos with his fans, give the billiards - lovers a pleasant time.



# A Romantic Concert with Rafet El Roman

Özdilek Eskişehir, continuing its culture, arts, sports, concert, and premiere activities without pausing, keeps on organizing particular events for its visitors in the winter.

As part of the concert program, Rafet El Roman, one of the idols of Turkish pop, met with his fans after taking stage in Özdilek Eskişchir on 26 October.

Visitors of Özdilek Eskişehir came to the shopping center hours before the concert and waited excitedly for the musician to take the stage. Rafet El Roman, who sang his romantic songs with the shopping center visitors, did not forget to take photos with his fans after the concert. Very pleased by the interest of the music lovers watching his concert, Rafet El Roman and his fans left Özdilek Eskişehir contently.



## A Magical Premiere at the Masal Şatosu



The premiere of the movie "Masal Şatosu: Sihirli Davet", long awaited by children and youngsters, was done at Cinetime Eskişehir. The cast screening of the "Masal Şatosu: Sihirli Davet" movie was performed at Cinetime, which broke a new ground in Eskişehir by organizing premieres for the popular movies in theaters. There was a broad participation to the premiere of the movie, starred by Berk Coşkun and Ecrin Su Çoban, also starred by Ayça Tilki, sister the famous singer Aleyna Tilki.

Moviegoers showed great interest in the movie that had been shot in Eskişehir. Ecrin Su Başar and Berk Coşkun, also famous youtubers, visited the movie theaters and saluted the cinema lovers. The stars, who took photos after a short speech, stated that they experienced unforgettable during the shootings of the movie and they were impressed by Eskişchir.

Cinema lovers told that they were impressed by the movie since it gave a message of friendship and team spirit, and it reminded the fairy tale heroes that had sunk into oblivion.

# A Special Invitation for Teachers' Day

Özdilek organized activities particular to the Teachers' Day celebrated on 24 December each year to glorify the profession of teaching and to honor teachers. 24 December, on which Mustafa Kemal Atatürk had been entitled as the head teacher and the Public Schools had opened, was announced as Teachers' Day in 1981.

Özdilek, not forgetting special and significant days, organized several activities to share the value it gave to education and educators. In the workshops organized in Özdilek shopping centers, the students prepared flowers to give to their teachers as gifts. Özdilek, organizing different activities in each branch, hosted teachers in a dinner invitation.



# Festive Celebrations at Özdilek İzmir and Eskişehir

Özdilek İzmir and Özdilek Eskişehir enthusiastically celebrated their opening anniversaries with their visitors.

In Özdilek shopping centers, that turned opening anniversaries into traditional celebration festivals, campaigns particular to the anniversary and products with favorable prices were offered to the visitors. Visitors, who participated in the activities, celebrating the 18th year of Özdilek İzmir and 8th year of Özdilek Eskişehir, experienced the anniversary enthusiasm like a festival.

# e t

## **A Tight Competition in the Chess Tournament**

There was a tight competition in the traditional chess tournament organized by Özdilek in cooperation with Turkish Chess Federation. Chess, supported by many institutions and organizations due to its contribution to brain development of children and adolescents, became prominent in many social responsibility projects. The hosts of this year's Özdilek Chess Tournament, traditionalized by Özdilek in cooperation with TCF, were Özdilek Kocaeli, Özdilek Manisa Turgutlu, ÖzdilekPark Bursa Nilüfer and ÖzdilekPark Antalya. In the tournament, with participants between 7 and 12 years of age, the finalists ranking among the top three were given special gifts and all participants were presented medals.



# Toddlers to Become Aware about Oral and Dental Health

Several workshops will be organized as part of the Dental Health Week at Özdilek branches, that feature topics about healthy living and increasing living quality.

The week covering 18 to 22 December is known as the Dental Health Week in Turkey. Various activities are organized during the week to contribute making the citizens conscious about oral and dental health and to get them to adopt right hygiene habits.

Özdilek, too, will organize workshops on dental health with the participation of toddlers for draw attention on this awareness about dental health and oral hygiene. The participants will be informed about the significance of oral and dental health, and problems in oral and dental health trigger serious health problems in Turkey and in the world.



# NEWS FROM ÖZDILEKPARK

### Jessica May to meet her fans in Bursa



The face of Özdilek Home Textile, Brazilian Model Jessica May continues to meet with her fans in Özdilek stores. The sympathetic actress, who had met with the visitors of the Shopping Centers in Meet with Jessica May programs in ÖzdilekPark Antalya, ÖzdilekPark İstanbul and Özdilek Eskişehir, will meet her fans in ÖzdilekPark Bursa Nilüfer on 21 December. In addition to sharing her experiences with Özdilek Home Textile's Neon Collection, Jessica May will also introduce Özdilek Home Textile's new season products. She will not forget to takes photos with all the guest and fans in the program after sharing surprising information about the prize competition to be organized on the Instagram profile of ÖzdilekPark Bursa Nilüfer.



# The 5th Year Enthusiasm at ÖzdilekPark İstanbul

ÖzdilekPark İstanbul, which had welcomed hundreds of thousands since its opening, hosted concerts by Fatma Turgut and Mehmet Erdem as part of its anniversary celebrations. ÖzdilekPark İstanbul, bringing together Fatma Turgut, one of the powerful female voices of Turkish Rock scene, and Mehmet Erdem, a prominent figure in Turkish pop music with their fans, celebrated its 5th anniversary with entertaining concerts never to be forgotten. While Fatma Turgut sang her hits such as Mübadele Günleri, Böyle Akşamlar and Bir Varmış Bir Yokmuş, Mehmet Erdem performed, in addition to his top chart pieces such as Hakim Bey, Bir Elmanın Yarısı, and Herkes Aynı Hayatta, also songs from memorable musicians such as Barış Manço. The musicians celebrating the 5th year of ÖzdilekPark İstanbul on the stage shared this excitement with all their fans.

#### A chance to meet the famous musicians

At the end of the competition on the Instagram profile of ÖzdilekPark İstanbul, the lucky spectators who had the chance to meet the musicians they love, took photos with Fatma Turgut and Mehmet Erdem before the concert.



# We Remember our Founder with Respect on



The founder of the Republic of Turkey, the great leader Mustafa Kemal Atatürk will be remembered with love, respect and longing in the 81st anniversary of his death.

Special events will be held in ÖzdilekPark Antalya and ÖzdilekPark Bursa Nilüfer within 10th November Atatürk Remembrance Day. Our visitors coming to ÖzdilekPark Antalya on 10th November will be welcomed with decorations reflecting the first years of Republic of Turkey. Families and child guests will have emotional moments before Antkabir to be located in the event area.

#### The Songs Atatürk Liked...

In ÖzdilekPark Bursa Nilüfer, the Singer Sevil Gültekin's event of "Songs Atatürk Liked" consisting of two parts will be held. The songs of Havada Bulut Yok, Kırmızı Gülün Âli Var, Çökertmeden Çıktım da Halil'im, Yanık Ömer and many more will be sung all together in the commemoration event held due to the remembrance day of Great Leader Gazi Mustafa Kemal Atatürk. Atatürk will be remembered with respect in the emotional atmosphere full of longing.

Don't forget to ask for Atatürk pins from Özdilek branches on November 10.

# Anadolu Efes Jerseys in ÖzdilekPark İstanbul in the First Place

Anadolu Efes Basketball Team, which has a great share in creating the passion for basketball in Turkey both with its success in the Turkish and European Championships, and the players it coached, launched its 2019 – 2020 team jerseys in ÖzdilekPark İstanbul. In the event, realized with the participation of the coach Ergin Ataman, the 16 star players of the team, the PA announcer Mustafa Özben, also known as the voice of Anadolu Efes, and the team mascot, the team signed the new season jerseys and special team collectible cards for basketball fans. At the basketball hoop set up at the -2nd floor of ÖzdilekPark, exhibition shots were taken for the spectators. Anadolu Efes players had the excitement to meet their spectators with their new jerseys for the first time.







## Kral Şakir at Cinetime

ÖzdilekPark Bursa Nilüfer and ÖzdilekPark İstanbul brought Kral Şakir and Necati together with toddler fans, two of the most popular animation characters among children. At the day of the program, the children both watched the long waited movie Kral Şakir Korsanlar Diyarında, and met with the mascots of Kral Şakir and Necati as part of a special event. The toddlers watched the movie expectantly, which was about the adventurous story of Kral Şakir and his family, who embarked on a quest to stop the prehistoric creature approaching the city. The toddlers, who sang songs with Kral Şakir and Necati, watched the theater plays, and the dialogues of the mascots with great interest. The photos taken as if the toddlers were in the movie, thanks to Greenbox technology, were given to the children as remembrances of the day.



## **Hollywood Wind at Cinetime**

Cinetime ÖzdilekPark Bursa Nilüfer created a Hollywood ambiance with its concept specially designed for the movie Once Upon a Time in Hollywood. The concept, created for the long awaited movie, contained the Hollywood Boulevard, the red carpet and the Hollywood sign on Mount Lee in Los Angeles. Once Upon a Time in Hollywood, the 9th film by the American Director Quentin Tarantino, gained great interest in Turkey too, particularly in the USA and the UK. The cast of the movie, starred by Leonardo DiCaprio and Brad Pitt, contains Margot Robbie, Kurt Russell, Timothy Olyphant, Dakota Fanning, Luke Perry, Margaret Qualley and Al Pacino.



## A Laugh-Filled Premiere in Cinetime



The cast of the movie "Dert Bende" met with the moviegoers in the public premiere held at Cinetime ÖzdilekPark İstanbul. The public premiere for the Turkish comedy movie directed by Berat Özdoğan and starred by Ümit İbrahim Kantarcılar, Onur Dilber and the Brazilian actress Jessica May, was held at Cinetime ÖzdilekPark İstanbul. The movie screening, to which famous actors and actresses such as Ali Poyrazoğlu, Ahu Sungur, Onur Nebil Sayın and Sermet Yeşil participated, received a great attention from the moviegoers.

#### "Dert Bende": A Road Movie

The movie Dert Bende, the story of a band of friends that found itself in a sticky situation while trying to help their friend, tells about the adventures of Kenan, Cem and Mert who have been together through thick and thin. The tragicomic story of the band, who tried to kidnap their friend from a wrong marriage and who messed up things, have the audience rolling in the aisles.

Expressing her happiness for taking part in a movie for the first time, the Brazilian Actress Jessica May said, "I believe that we did a good job with my friends. I thank the whole team. It was an excellent experience for me. I hope that this fun movie also does well at the box office."

## Bulmaca Kulesi Met with Children in Bursa for the First Time

ÖzdilekPark Bursa Nilüfer bringing beloved cartoon characters with children organized a very nice event inciting children to think at any moment thanks to its fun content which is full of puzzles.

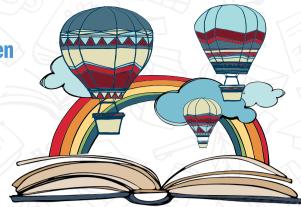
"Bulmaca Kulesi", beloved cartoon of TRT Çocuk, came together with its little fans for the first time with its fun display in ÖzdilekPark Bursa Nilüfer. The children who watched the adventures of Can, Mert, Aslı on television had the chance to meet their heroes whom they are fan of. In this day when excitement, games and fun did not decrease even a little, children who also got the chance to take pictures with the characters leaved the Shopping Center happily.



#### NEWS FROM ÖZDİLEKPARK

## **A Festival That Endears Reading to Children**

The "Book Festival" titled "Share Your Book, Increase Your Knowledge" attracted great interest, organized by ÖzdilekPark Antalya, which pays a particular sensitivity to social awareness in its projects. Visitors from all ages were presented the opportunity to read between 14:00 and 19:00 weekdays at the library, brought to the activity area. In the weekends, in addition to reading areas, workshops and theatrical shows were organized for the toddlers older than 4.



As part of the Share Your Book, Increase Your Knowledge activity, book banks were places in four different places in the shopping center. The books that were left in the banks and the ones in the library departed for delivery to a school that was in need of a library.

#### Activities Particular to Children's Book Week

Özdilek, which had raised awareness with the workshops it organized in the new academic year, will continue organizing activities particular to the Children's Book Week, celebrated in the second week of December, to endear reading to children and to have them to adopt reading habit. As part of the Children's Book Week, all stores of Özdilek will organize reading activities and bookmark making workshops. In these workshops, expected to have a broad participation, the children will have the opportunity to share the books they read with their friends, and to improve their communication skills by telling the stories in their books to each other. These activities, considered useful by the parents, will continue all week long.



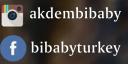








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# **Dr. Dilek Bayram:** "Özdilek is my second university."

In our new issue, we did a delighting interview which is full of important anecdotes with Dilek Bayram who is the Özdilek Holding's Assistant General Manager of Financial Affairs regarding her successful education and career life, the financial operation of Özdilek Holding which holds different organizations, her hobbies, social life and dreams.

#### Firstly, would you like to inform dear We You They reader about your educational status and sectoral background?

Of course. I graduated from Uludağ University Faculty of Economics and Administrative Sciences Department of Business. I also completed my master's and doctorate degree in the same university. My initial goal was having an academic career at the end of my bachelor's degree. The fact that I graduated from the school as the top scoring student both in the department and faculty must have affected this. As soon as I finished my bachelor's degree, I entered the exam and could not pass the English exam. In the exam there was a text called "The Psychology of the Chair", no one was able to pass it since it was a very interesting and abstract subject. I could not enter the academic staff but started my master's degree with this exam. I started my master's degree in September, then searching for an internship in October. I came to Özdilek somehow and this was my first contact with Özdilek. I continued my master's degree classes and also my accounting internship in Özdilek for about 6 months. There was a staff of 7-8 people working in that period, I learned most of the things from them. I think I enjoyed the job a little back then but I had my academic career objective as well. In the next year, I entered the exam once again and I passed the tests this time; however, I failed the interview. We were two friends, my friend was older than me and is

Interview Ece Şentürk Photo Onur Yurtseven

still in the university now ... She achieved her goal because her main goal was academic career when entering the department. I gave up, put an end to it and started my job hunting. While I was applying to companies, Mr. Orhan who was Özdilek's Accounting Assistant Manager during my internship became the personnel manager and told me that there was a vacancy in the accounting department. On a Thursday, I came to Özdilek and we interviewed with Mr. Yalçın. Mr. Yalçın told me, "Start now, don't go". I asked him if I need to bring any documents, he said, "You can do it later." (She laughs). So I started my duty as accounting personnel on 19 May 1992. We formed a department concerning cost in 1993 and I became the cost chief. In 1996, the company started growing and Mr. Yalçın was working alone in that period. There was no position for Assistant Manager and I started working as assistant manager since there was an opening with the growth of the company. I completed my doctorate thanks to the opportunity given to me by Özdilek in those years. I both studied and worked. I managed this with the support of Mr. Yalçın, my advisor and my family. In the following years, I also completed my public accounting internship and received my certificate. I retired two years ago but I am still working gladly. I always learned and am still learning, that was what made my job pleasant. I consider this place as a second school. Özdilek is my second university.

# You are completely in charge of financial operations of the

#### institution. What are the most challenging and delighting parts of such a comprehensive duty?

It is quite a different job and dealing with activities makes us dynamic, requires us to keep our information updated and enables us to learn new stuff every day. We can say that all the departments have a connection with accounting. Therefore, you need to stay in touch with all the departments. These are the factors making our job pleasing. I cannot say that our job has a quite challenging part but financial works are always time-limited. You need to inform something to someone all the time or you need submit a report, this can be an element of pressure. Working with other departments can also make it harder to administer this duration but this also is not a part of our job that is too difficult. These would not be a problem with a good organization and communication.

# Is it advantageous that you have a long-term job experience in the company?

I believe it is quite advantageous. I read somewhere that the companies have organizational memory. The more there are the long-termed employees, the stronger the organizational memory gets. Therefore, I always take the advantage of my long-term experience here when I need to remember something and make connections. Apart from any other thing, acquiring experience is an advantage of itself which, I believe, cannot be compared to anything else.





#### You audit all the regulations and keep the company's financial communication updated while being in the front line of development. Can you tell us how you can manage this?

First of all, this success arises from quality of our team. It is due to the well communication of the team, following up the rules and instructions strictly. Team members are selected with a quite serious and meticulous pre-selection in Özdilek culture. We train our own managers within ourselves. This enables us to create a team which was established within our own culture. As a result, we achieve the advantage of being well-coordinated and understanding each other very well. We are like a family with our team but by keeping the working discipline and respect framework, this is quite important. On the other hand, the legislation is a big part of our job. We have a budget culture which continues since the 1998s. We are reporting these results while recording on the other side. We present accurate and reliable data with reports for our friends in operation and in the top management to plan their works. We achieve success by conducting all of these accurately and completely.

#### Were there any breaking points in your career which affected you?

There are always moments like this during the business life, good or bad. The important thing is to evaluate these moments and no to dwell on them. I did not run through the steps of career. I was an intern, became a personnel, chief, assistant manager, manager, assistant general manager but all happened slowly with patience. All of them are milestones in my career.

# We wonder the motivation source making you successful...

Nobody loves accounting from the outside. I always loved my job. I did my work gladly. I am business school graduate; I could have worked in many other fields. During my doctorate, one of my academicians asked me "why accounting". Firstly, I love dealing with numbers. Secondly, there is no other department in the business which is not related to accounting and this is very nice. This job requires meticulousness and does not accept even a tiny mistake. However, we are a big organization with many control points. We should be afraid of repeating not making mistakes.

#### What about your social life? What are the activities which make you happy the most?

The things that gives me the most joy are spending time with my family, the ones I love and my friends. I travel when I find a chance, I use every little opportunity. There are very few places where I have not been to in Turkey. I love reading books. I do not have a lunch habit, so it rests me a lot to read a few pages during those breaks. I was interested in paper marbling once. I have various pastimes such as gobelin, wood painting, rock painting, wood print, making felt babies. It is both elating and relaxing to deal with different things.

# Can you tell us about the most distinct features of your identity?

I am a Virgo; I have its all typical characteristics. I am perfectionist, meticulous, detailer. All of them matches with my work but sometimes, I can be unbearable among my colleagues, I do not know, we should ask this to them (She laughs).

# Which are the first things in your to-do-list?

Nowadays, I travel when I find a chance, I have been to many countries but my biggest goal is to travel the world when my active working life is over. My second wish is to spare time for paper marbling, to take lessons from and work with the marbling artists which I follow. And the third one is about health, if possible, I would like to be a volunteer in a nongovernmental organization concerning children and cancer.

#### We are at the end of year when is the most important and busiest period for you who deal with financial operations. Can you talk about what kind of year we left behind if we were to evaluate 2019 financially?

In fact, we do not get busy at the of the year anymore on the contrary to what is known. We work as if we are closing a period at the end of every three months due to the legislation change; and as if we are closing the year at the end of every month due to the way of business management in our company culture. Therefore, the end of year does not represent the nightmares of former accountants or year-end pace of working in the late hours for us. If we were to evaluate 2019 in general, we can say that it a rough period started in the economy with the exchange rates which increased in the second half of 2018. This period gave the signals that it would continue in 2019 as well. The exchange rate which increased suddenly in 2018 shook the country's economy. The foreign currency was stabilized with the precautions taken but the trust against the markets decreased, the investment decreased and unemployment became a very serious issue, unfortunately. Purchasing power decreased and this affected many sectors. There was a demand shrinking in the domestic market, we are also included in this but especially, our retail trade is one of the sectors which got affected least. From the country's point of view, the companies having the chance of exportation are luck somewhat, they try to find a way out with exportation. The interest rates decreased with the interventions in July and September 2019. The decrease in the inflation rates announced in the last period signals positively. The most important thing is the establishment of trust mechanism, this requires time, we need to be patient. There are still markets for exportation ...

# What are your foresights and expectations for 2020 after this period?

The economy of Turkey gained an endurance during the previous crises. I believe that the private sector tries to endure as far as possible since they go through a serious test during crises. There are certainly many companies getting affected and having trouble. From our point of view, we need to perform our job and duties well. We are going to do what we can in the best way. As I said earlier, I believe there are new foreign markets for exportation. Because the companies attempt to find new markets when they face difficulty. If the improvement signals in the inflation, interest and exchange rates continue, the companies do what they should, take the applicable austerity measures along with patience, many things can get better.

#### Would you like to share your wishes regarding the next year as we get closer to the last month of this year?

Firstly, I wish health because health and peace is quite important. Nothing else is important without health and peace. I hope 2020 will be a peaceful year both for our country and the world. I also wish 2020 to be prosperous and productive year in terms of economy...





# DESIGNS BRINGING CITY LIFE AND DYNAMISM OF NATURE TOGETHER

Beymen Club, inspired by nature, arts and ethnic riches and re-interpreting the trendy codes each season, brings the serene spirit of nature and the dynamics of city life together in 2019 Fall – Winter season.

It offers a different style updated with vintage patterns, modern cuts and patchworks. The Jacquard jerseys, the essential of the season, contemporary sweatshirts and knit jackets are among the most favorite pieces of the season.



# NEW COLLECTION BY IPEKYOL, A GARDEN OF DREAMS FOR THE SEASON

Ipekyol Fall – Winter / 2019 - 2020 Collection, which brings the immense colors of nature with the city silhouette presents all its naivety with its patterns.

The metallic suits, carrying the punch of the 80's, take their places among the sharpest guests of the nights. Pieces with silvery details and floral patterns promoting a romantic style are getting with the new season by making a combination with trench coats.

Skirts and dresses set in motion with tricot weaves, the uptrend of the season, offers a feminine look with the belt detail. This style, both chic and elegant, with high boots, takes its place among the pieces that look plain and chic at the same time.



# KOTON KIDS, DYNAMIC AND COLORFUL AGAIN IN THE NEW SEASON

Koton Kids 2019 - 2020 / Fall – Winter Collection offers entertaining and sportive designs to children. Vivid and bright colors with checkered and graphic designs in different sizes stand out in the collection.

Koton Kids again offers plentiful colors and variety to the pleasant world of children in the new season. Neons and glows, the newest trends of the season, stand out with designs in neon green, neon pink and orange, the favorites of girls. In the Noel theme, in which the party spirit is reflected with palettes and metallic tones, furry jackets and ballerina skirts with red tutus for girls and entertaining Noel graphics with shot and sparkling effects for boys are offered.



# A JEWEL TOUCH TO WORLD HERITAGE WITH ATASAY



Atasay reflects Göbeklitepe in its designs for the second time in the "Myras Göbeklitepe Mystique Collection" Göbeklitepe, acknowledged as the oldest monumental temple of the world and entered the UNESCO World Heritage List in 2018, was the inspiration for the Myras Collection in 2012.

The new collection, containing revised versions of some of the iconic pieces of the first collection presented to the tastes of the jewelry lovers in 2012, is quite pretentious with brand new references and variety of material. Myras Göbeklitepe Mystique Vol. II collection, which brings history and art together, contains exclusive and limited edition pieces.

# CARRY THE SPLENDOR ON YOUR WRIST WITH VERSACE



The eye-catching new models with puissant and pretentious designs by Versace, the ambassador of pompous elegance, are up for being the indispensable accessory for the ones, who wish to highlight their character with their watches... Saat&Saat, the sole authorized distributor of world renowned watch brands in Turkey, offers the new models of Versace with spectacular designs to watch lovers. Models, in which Versace's splendor is elaborated with an aesthetic manner, turn men's heads. This model strikes with an unmatched harmony

of brown leather strap and its steel casing. It brings luxury and aesthetics together with its bold appearance. This model expresses the feelings of men that wish to highlight themselves with their watch with the iconic Medusa logo, particular to Versace, and the three dials chronograph and date display.

# **DETAILS HIGHLIGHTING YOUR STYLE FROM VAKKO**



The Monogram Collection, the iconic signature of Vakko Style, has all choices that make you feel the exclusive Vakko Style. Everything you need to pass on your style a la Vakko awaits in the Monogram Collection.

Vakko Monogram bags, designed with durable material offer a chic and practical use. They preserve their form and first day characteristics due to their long lasting and durable structure. They bring a touch of elegance to your style with iconic Vakko colors.

# **RAFET EL ROMAN**

"I support every kind of good music."

In our new issue, we met Rafet El Roman, the legendary name of romantic love songs, in the warm atmosphere of Nişantaşı. We wish a pleasant reading of our intimate interview regarding the famous artist's unknown aspects, interest on sports, surprise projects, expectations from the new year and unforgettable memories in his art life.

#### Where to start? Can you talk about the unknown of Rafet El Roman a little bit?

In fact, there are very few unknown things about famous people, our fans usually know many things about us in general. I was born in 1968 in Edirne. After the age of 7, I went to my family who was working in Germany and completed my education there. I would like to share few things which you do not know about me. For example, my main profession is ventilation and heating system installation. Furthermore, I opened an icecream shop transferred by an Italian friend of mine after I completed vocational school. I invested all my profit there into music, prepared my own album and came to Turkey.

#### This summer, you gave an unforgettable night to your listeners in your Harbiye Open Air concert which was very crowded. What kind of bond do you have with your fans?

I prepare a repertoire which my audience would like to listen in my concerts. A different repertoire for my concert which I will perform soon in Moscow, different ones for concerts in Germany and also different Interview Ece Şentürk

for Turkey... Of course, fundamental songs such as Seni Seviyorum, Bana Sen Lazımsın, Yalancı Şahidim, Senden Sonra are fixed. I sing them in every concert. I care about the dialog and intimacy which are established with the audience. I am not a man who just sits and sings. I love establishing a dialog, making small talks and jokes with my audience during my concerts. Sometimes, I dance. Sometimes, there are surprises which people would not expect on my stage. In fact, none of them are prepared, everything develops impromptu. That's why; I can both have fun and entertain the audience on stage. The income from my Harbive Open Air concert was donated to the construction of a modern rest home. We gave support for this with many artists, we are sure that it is going to be a nice project.

#### Which one of your songs do you think come to mind of your audience when they hear your name?

I think the first song come to mind is Seni Seviyorum but there may be some who would say Macera Dolu Amerika. My latest songs and duets are loved a lot. However, I still think that Seni Seviyorum is the first song come to mind because people consider me as the representative of love songs. Emotions are vital for music but this situation started to lose its sense slowly. It is like that music is slowly abstracted from emotion... Maybe, this is just a phase.

In the 90s, your name was mentioned a lot. In those days, music channels, tapes, CDs were very common... Nowadays, we are in an era when digital media are effective. How do you assess this change in the music industry in terms of artists?

I believe this evolution of music affects producers more. The release and distribution of the production is a longer and busier process. This whole process was transferred to digital platforms. Adjusting to this required some time. It was not a huge lost economically. Instead of making an album every two year like we used to, we can acquire the same potential by making one proper song within a shorter period. The listeners do not wait for the tape to be distributed from Unkapanı to reach a music shop in Mardin any longer.





#### You shared your new song "Seveni Suçlama" only in digital platforms. Can you talk about that song?

Seveni Suçlama is warm, intimate, the song just for this season. It is a nice breakup song. We cannot force anyone to love. We should also understand the one who leaves. Therefore, this song is like blaming both the one who leaves and the one who loves... I shared this song of mine only in digital platforms but I will definitely add this song into my album, if I make one.

#### Lately, rap music is on the rise. Would you consider making a rap song?

Rap music was not welcomed like this a few years before but I was supporting it. I started Müzik Benim Hayatım (Music is My Life) project and I made an album for our rap artist Sanışer who is very famous now when he was not discovered yet. It was a nice work which I undertook its production in my own studio. I support every kind of good music. However, I am against one thing. Some musicians in the new generation reflect our Turkish culture very well and use Turkish very well. And the other part of them do it like Americans. Rap should not be performed like this because rap music should represent freedom, it should be authentic. If we are doing it, let's make "Turkish" rap, we should not do it with the same dances and attitudes with Americans. I was condemned when I made my song Macera Dolu Amerika. I was a Turkish person, Rafet El Roman, even in the USA, I have never become

American. I narrated a story in that song, that was my story. I narrated my village and the difference between.

#### We know that you are also a songwriter along with being a musician. Are we going to listen your songs from other musicians in the new period?

Many musicians have sung my songs in their albums. In fact, I have given songs to Sibel Can and Miss Ajda in my entire career. I usually write my songs to sing them myself. As a songwriter, I do not make songs for other people but there are some exceptions... I like doing favors for my esteemed artist friends which I cannot reject.

You had the chance to play a role in the last movie of late actor Kemal Sunal, Propaganda, with himself. Do you have a memory which you cannot forget from the shooting?

I have many memories... We stayed in Ürgüp for 40 days, I even remember the name of the hotel we stayed. We were usually in the set during the day. We would return to hotel very tired but we also did not deprive ourselves of spending time together. There were lovely dinners we ate altogether, we played okey together, Kemal Sunal would always sit with us. If you are going to take an artist as an example, it is a great opportunity to do it by observing Kemal Sunal.

"I support everyone who believes in their talent, they can just knock upon my door."



Many people visited the movie set just because of Kemal Sunal, and believe me. he would never hurt anybody, got out of his caravan and took pictures with each and every one of them. We used to be tired because of all that busy pace but he would not. He even used to warn us and say "Do not hurt these people," this advice is inherited to me from him. Some people leave this earth without any bad memories, and Kemal Sunal was that kind of person. Metin Akpınar, as well. I learned chess in that movie set from Metin Akpınar and I became a very good chess player today. I can checkmate everyone (He laughs).

#### We remember your style with your hat and glasses in a period. Do you care about how you dress?

You are right, I used to never get outside without my hat but I do not have such an obsession now (He laughs). I always had a dressing style of my own. I do not care about brands. I usually prefer green and black. You cannot see me in yellow or red. This is my own style, I feel comfortable like this and have been so for a long time. Of course, I care about what I wear but I do not follow the fashion closely. I cannot tell what is fashionable this year, what the season requires or that I conform to these. The most important thing is that I should feel comfortable in what I wear but I also try to look elegant since I am in the public eye.

#### We know the uniting power of sports. You have a duty of vice presidency in European

#### Turkish Football Federation. The Federation is like a bridge between Europe and Turkey in terms of sports. Can you talk about this process a little?

We, many people from the world of business, politics and art, established a federation in Germany. There is a considerable amount of Turkish population in Europe and there are about 400 Turkish football teams. We, as the federation, wish to support these teams, bring these teams together, increase their number and reinforce them. Of course, we have connections with Turkish Football Federation as well. There will be talents which we want to introduce them to Turkish football. This is quite a new process but we will do magnificent works in the future. We will establish centers in various cities and countries, and conduct joint operations with the countries there. We want to shoulder a better mission in Europe as Turkish people and to represent Turkey very well.

We became acquainted with the young athlete Persian Arat Hossein due to his video on social media. You stated that you would give him a life-long support and hosted Arat in İstanbul. How did this meeting go?

Arat is just 5-year-old but I think he is one of the most talented football players on the earth. The fact that Arat came to Turkey from Iran both attracted the attention of world's teams and mine as well so I invited him to my record company. He came here with his family, we spent pleasing time and played football as much as we can. I also accompanied him as a former athlete who played football in the youth squad of a team in the 2nd league until the age of 18. Arat has a very bright future. Maybe, Arat is not aware of his own talent right now, football is just a game to him but, for me, Arat is a little kid who represents the world and challenges the world with his talent. I support everyone who believes in their talent, they can just knock upon my door.

#### You do not deny your support either from the athletes or musicians. Do the issues which you had been through before affect your support?

Absolutely, I searched for a record company for 10 years, it was not easy. There was not a single door which I did not knock in Unkapanı. I thought I could provide opportunities to the young like me with the money I earned from my music if I could ever achieve something since I had very difficult times. And this happened so. You need to imagine, want something in life and work for them. Supporting people and seeing the success of people which I supported make me incredibly happy. It is a terrific emotion to witness the stages and excitements of young talents with which I made a duet. My door is

always open to everyone, I will do anything I can. 2-3 people come to our record company everyday. Many people would not pay regard to these requests but I really listen the works submitted to me and express my opinions honestly. I think upon what we can do, make recommendations and direct them as such. We also have many talented young musicians. In the future, we will introduce them to the music sector one by one.

"You need to imagine, want something in life and work for them. Supporting people and seeing the success of people which I supported make me incredibly happy."

#### New year is getting closer. Can you tell us about your dreams and projects for the new year.

New year is getting closer. Can you tell us about your dreams and projects for the new year. I have been working on my 13th solo album for a while. Album preparations are over now and I will release it as soon as possible without making my fans wait. It contains songs which no one knows along with few songs which were released digitally before. In 2020, I will be completing the my musical life's 25th year, as we call, the quarter-century. I want to celebrate this with my fans. This celebration can be through a nice album or few special concert organizations. I am also awaiting the new year impatiently, let's see what it will bring ... I also wish happiness and health in the new year for the readers of We You They.



STOREFRONT | NEW YEAR

Flashy Styles

The plans are slowly taking shape, as we get closer to New Year. So, have you decided what to wear on this special night that we will get into 2020? We have picked the most special products for you to welcome the New Year with the nobility of metallic gray and black colors and get attention with your elegance.



30 we you they 2019



# WORLD'S MOST STYLISH AND CHARISMATIC LEADER

Mustafa Kemal Atatürk

The Great Leader Mustafa Kemal Atatürk, the founder of the Republic of Turkey, was a meticulous and careful leader regarding his timeless understanding of fashion and style. So to say that the Great Leader created the fashion of his time. We have compiled the things that are not known about the style of Atatürk in this issue corresponding with the 10 November Atatürk Remembrance Day. Here are the details of the dressing style of world's most stylish and charismatic leader...

"A civilized and international dress is worthy and appropriate for the Turkish nation. We will wear it." **Mustafa Kemal Atatürk** 



His fabric preference for his shirts were usually silk or linen. He preferred cream, bone color, beige and white as for the color of his shirts. He usually wore shirts with grandad collar and used attached collar. He attached his grandad collars to his shirt with collar buttons.

He closely followed fashion and art. Levon Kordonciyan was a master tailor when he returned to İstanbul after studying fashion for 6 years in Paris, which was considered as the center of fashion, and he was the irreplaceable tailor of Atatürk. Atatürk never gave up on his tailor until his death and kept on wearing tuxedo, redingote, full dress suit and morning coat that he sew.

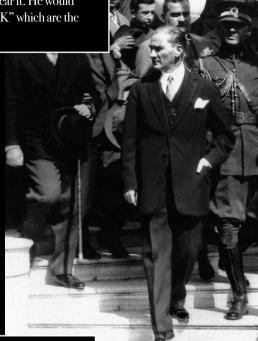


Tuxedo was indispensable for official invitations. He was always careful that the ironing of his clothes was smooth, that they did not sag or curl while walking.



Atatürk was fond of many accessories. The hat was his most important accessory, he would always wear it. He would have his tailor sew the emblem of "G.M.K" which are the initials of Gazi Mustafa Kemal.

He liked using walking canes. Two of his walking canes were examined after his death. The 97 cm wooden walking cane with snakeskin handle had yellow metal inlay letters "G.M.K.". Metal handled, filigree embroidered walking cane handle is leather sheathed and it is 90 cm long. It is written on this walking cane that "Industry is related to the destiny of a nation as well as the progress of a nation with the industry."





A cloak was first seen on his shoulders. He sometimes wore a black cloak and sometimes a blue one both at war and during his presidency period.



His gloves, tie, bow-tie, kerchief, pocket-handkerchief were always complete. His shoes were mostly in the same color as his clothes. He mostly wore patent leather shoes with laces.



He mostly drew the designs of his suits. His suits, which were almost all black, consisted of three parts; coat, trousers and vest. He would always have his pocket watch in his vest.

**STOREFRONT** | FASHION

# The Designs That Will Warm You This Winter is in Özdilekteyim

The most trendy products that bring fashion into the life in the new season are in Özdilekteyim with their colors that will soothe your soul. Elegance is one click further with the most special combinations that will enhance your style!

ROBİN Trench Coat 199.90 TRY

FABIO FRANCO Jacket 279.90 TRY

FIRST COMPANY Coat 139.50 TRY

FIRST COMPANY Sweater 69.50 TRY

In the new season, plaids come to life and tricot suits rise as well. Minimal accessory details completes the combinations with essential boots trend.



**STOREFRONT** | KIDS

# WELCOMING THE NEW YEAR COLORFULLY

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The colorful products of the brands unique to New Year both excites the adults and the kids. In addition to the thematic designs in line with the New Year concept, we have carefully selected products that will always look colorful and fun for the young ladies and gentlemen...







# "WHITE WINTER" A MAGNIFICENT ATMOSPHERE

We imagine changes in our lives with the positive energy as the new year approaches. We mostly think doing these changes in our homes where we spend most of our time. It sometimes feels good to make little changes while we feel the need to make bigger changes from time to time. In this issue that is released in the last days of the year, we prepared fantastic offers for those of you that want to experience the excitement of the new year by making changes in their living space. Here are our elegant and peaceful decoration ideas with the color of the purity, white that will fit to your four season spirit...

We thought that this year you might like a comfortable look at any times, covered in snow rather than a design filled with red - green objects, gift boxes and plaids. Of course, choosing the right color at the beginning is crucial in order to ensure this difference. The colors that we use in the decoration should be compatible with each other, reflect the size of our room and help the lighting. It is possible for you to use the white color, which is the representative of elegance and purity, while decorating your home with any style and pattern.



# SINCERITY OF WARM WHITE COLORS ...

The tones that you use while creating a white appearance in your decoration are important. Like every other color, white has warm, neutral and cold tones. For example, if you want to create a more sincere environment in your living room you should use warm tons of white; whereas you should use cold and grayish white tones if you want to create gray and white combinations. In bigger rooms that you do not want to be full white, you can use beige and warm toned colors. Therefore, your eyes won't be tired and your room doesn't look empty.





# SPECIAL PLACES FOR PLEASANT MOMENTS ..

Fireplaces, essential for winter decorations, comes after choosing colors... You can create a living corner by putting white pelts in front of the fireplace, which you can place in your big room. If you don't like the idea of sitting on the ground while drinking your coffee and having sincere talks, you can create a special place for drinking coffee by using soft-toned wing chairs. Another thing that creates a warm feeling is plumy, plush and soft accessories... You can add a plumy white or light gray blanket to your living room group as a decorative or you can ornament your living environment with accessories like this. Also, adding soft small cushions to your living room group will be one of the wonderful winter decoration ideas that will increase the comfort.

# TO THE LAND OF FAIRY-TALES WITH VANILLA SCENTED CANDLES...

We can't think of a better accessory than candles in order to support the warm and peaceful ambiance and to spread a mystical air to your living environments. You will feel yourself as if you're in a fairy-tale in your white room with the ambiance of vanilla scented candles. You can finalize your decoration by placing candles that you choose from a variety of shapes and aromas on tables or around the television and bigger candles on the floor.

# A PRETTY WINTER GARDEN...

You can turn your balcony or terrace into a pretty winter garden by covering it with pliable glass in order to complete the harmony of the inside with the outside. You can choose to cover the floor, armchairs, tables or a few cushions with white sheepskin or plumy furs. You can also use rustic accessories, candles in high amounts and lanterns to expand your balcony. You can include coffee table, chair, stool or functional sofas in accordance with the width of your space. You can make your balcony more comfortable by adding a thick rug to your decoration.



# A PINE TREE LIKE A PEARL ...

Lastly, if you want to have the theme of new year in your decoration, you can prefer to use a white pine tree or ornamented with white. It would be a great idea to decorate your tree with lights, ornaments or with white fur garlands, pearl ornaments and silver balls. You can also design a different object by adding silver and white ornaments to objects like garland and snowman. You can prepare a bouquet with silver and white ribbons and place it on your dinner table to have an aesthetic look. You can feature the spirit of the new year by hanging white lights to your front door and welcome your guests in a brilliant manner.









STOREFRONT

DECORATION







Service Plate 25 TRY



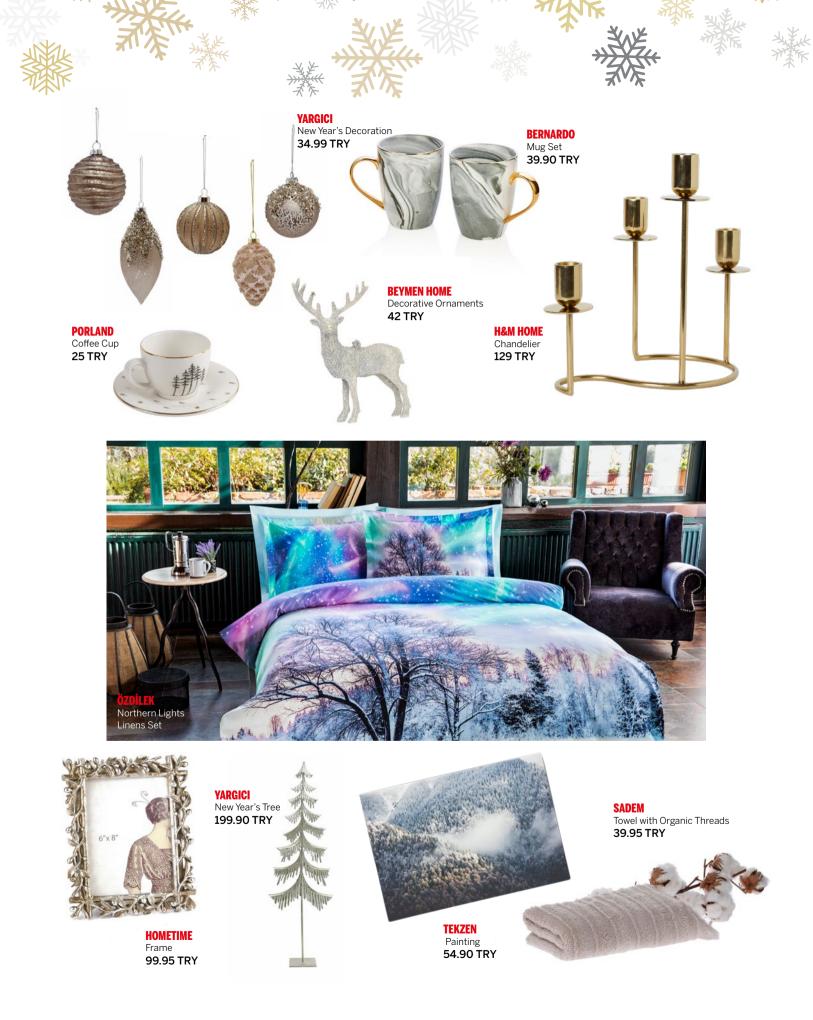
LCW HOME Lace Pillow Sheath 39.90 TRY





SADEM





# FROM FLU TO DEPRESSION... FISH FOR HEALTH!



Nutritionist Birgül Nizipoğlu

Fishing season started and fish are on the menu now. So, what benefits does fish with high nutritional values have for our body and health? What should we consume with fish? Is it right to consume fish by squeezing lemon onto it? **Birgül Niziplioğlu**, **İstinye University Hospital Liv Hospital Bahçeşehir Nutritionist** gave answers to all of these questions for our dear readers. Here are fish that should be consumed in accordance with the season and good for flu to depression, cardiac diseases to exhaustion...



# SHOULD BE CONSUMED TWO - THREE TIMES A WEEK

First of all, fish should be cooked with grill, steam or baking methods and be consumed two - three times a week. Using milk instead of cream and wholemeal flour instead of white flour while seasoning fish soup will make the food healthier with the vegetables and spices in the soup.

# SALMON PREVENTS FLU AND COLD

There are countless benefits of salmon that can be consumed in almost each season. Nutritionist Birgül Niziplioğlu states that salmon fish protects the immune system with the selenium in it and thus prevents diseases such as flu and cold. Tuna fish soothes the body spiritually and mentally with the high Omega - 3 fatty acid and B vitamins in it. It also prevents depression since serotonin (happiness hormone) has a positive effect on metabolism. Blue fish functions in the energy metabolism due to having niacin in it. Consuming it in required amounts eliminates the fatigue and exhaustion problems and provides a better sleep experience.





# ANCHOVY PROTECTS FROM CARDIOVASCULAR DISEASES

Anchovy is rich in vitamin A and D and it is preventive against cardiovascular diseases. Anchovy is also beneficial for brain health due to being rich in terms of iodine. However, anchovy should be cooked with steam rather than frying. Fish can be consumed in pregnancy as long as it is fresh and in the proper season. Some fish types may negatively affect the brain and nerve development of the baby during pregnancy due to having high amounts of mercury in them. Anchovy, bonito and mackerel are surface fish and don't live long enough, thus, they have less mercury in them. Therefore, it is suitable for pregnant women to prefer these fish.

# YOU CAN DRINK AYRAN IF THE FISH IS FRESH

Acidic beverages are usually preferred with fish but these beverages decrease the beneficial effects of the fish. Soda with freshly squeezed lemon would be a better choice to drink with fish. You can also consume lemon by squeezing it unto the fish. Antioxidants and vitamin C in the lemon increases the absorption and usage of Omega - 3 fatty acid in the fish. Those that want to benefit from the calcium in the fish should not consume garden rocket with fish because high iron ratios in the garden rocket decreases the calcium absorption. Fish consumption may cause decrease in the blood sugar so consuming onions with it maintains the balance of the blood sugar and helps with the digestion. If you are sure about the freshness of the fish, you can drink ayran with it but if it is stale, histamine level in the protein structure of the fish increases and may cause toxic effect in the body.

# ACTUALITY | IT'S HIGH TIME...



Weather is getting colder and the winter has come. We prepared High Time recommendations for you that will warm you, be good for your soul and let you enjoy the winter. You can make new plans in your life with our titles including many activities such as exploring the beauties of the nature and our country, having fun hobbies and experiencing different tastes...

# ...A SNOW-WHITE JOURNEY

How about a trip to the east, to the whitest, for a pleasant and exciting weekend getaway? You can gain new experiences in this journey with Touristic East Express from Ankara to Kars and you can capture stunning shots with your camera which you must keep with yourself throughout this journey. Are you ready to take on this journey in which you will see the cities and the nature while sitting in your cozy wagon?





# ...WARMING WITH HAND WEAVING

Hand weaving is a therapy that warms our hearts in the winter season... The time spent at home extends as the weather gets colder. The scarves and berets that you can learn in the model you like with the wool ropes of the color you want, both help you to have a good time and relax and protect yourself from the cold. All you need to do is to buy a ball of string in the color you like a pair of knitting needles and start weaving. You can use your products or gift them to people that you love to make them happy.



# ...TRYING RECIPES THAT WILL WARM YOU

How about trying delicious coffee recipes that will warm you in these days when the weather gets colder? If you are one of those people that prefer taking a cup of coffee and sitting in a cozy corner in your home in cold weathers, then you can enjoy the winter with practical homemade coffee recipes. You should have milk, honey and cacao in your kitchen that you will use almost in any delicious recipe. You can prefer fragrant cinnamon to dress your coffee or soft sweets that will melt with the heat of the coffee in the homemade recipes that you have tried.



# ...VISITING ANITKABİR

You can visit Anıtkabir where the mausoleum of the founder of Republic of Turkey, Great Leader Mustafa Kemal Atatürk is located on his 81th death anniversary. You can watch the memorial events in honor of his 81th death anniversary. We advise you to check the visiting hours of Anıtkabir before making plans on this important day since the visiting hours can differ.

# ...VISITING THE NEW YEAR MARKETS

New year excitement begins with the last months of the year. New year markets have already opened up their exhibits where you can buy special new year gifts to your beloved ones, try special tastes unique to winter that will make your day colorful... You can examine hand-made gifts while strolling between colorful and radiant exhibits and make your shopping more enjoyable by trying sweet hand-made snacks and hot beverages.



# ..CARING FOR YOUR SKIN

Cold and dry weathers affect our skin negatively by drying it. You can provide the moisture needed for your skin in the winter by making a few simple skin cares at home and have a more lively and healthy appearance. If you prefer homemade recipes, then you must find the one that is suitable for your skin. You can make your caring more enjoyable by inviting other members of your family or your beloved ones.







The city that was established at the mountain slopes of Mount Ercives and have hosted many civilizations throughout centuries; is located at the Middle Kızılırmak Region. Kayseri is one of the fastest growing and developing cities of the region with its historical and cultural structure that attract many visitors. It is a quite special city that has hosted Roman, Byzantine, Seljuk and Ottoman Empire respectively. In this issue, we have compiled the places for you to visit in Kayseri, which is among our cities with cultural heritage, with its natural beauties, mosques and museums. Enjoy the reading.



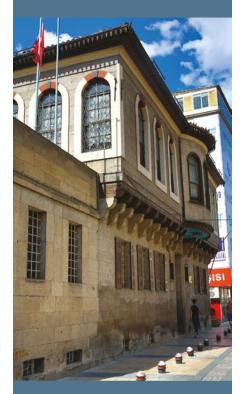
# **MOUNT ERCİYES**

Mount Erciyes, one of the most beautiful and glorious mountains of Turkey, is a passive volcano that is around one million years old. The Mountain, being the symbol of the city and the region, is the highest mountain in the Central Anatolia with its 3 thousand 917 meters' height. Erciyes is like the heart of Kayseri with its summit that pierces the clouds, the snow that it always has in its highest parts and its glory that fascinates people... Mount Erciyes, which has been the favorite place of ski enthusiasts for many years, has turned into a prominent winter sports and tourism center of Turkey and it is among the few other centers in the world. There are 34 different ski tracks with a total length of 102 km which are connected with each other at Erciyes, known as the Alps of Turkey. It offers an unforgettable skiing experience for ski enthusiasts with tracks of different difficulties (black - red - blue). Even though it does not snow, Erciyes has open ski tracks throughout the season thanks to the artificial snowing system and it has the best parachute ski tracks in the world with its breezy environment. The ease of transportation makes Erciyes a very attractive place for both domestic and foreign tourists.



# SULTAN SAZLIĞI NATIONAL PARK

Sultan Sazlığı is a rare wetland area that accompanies both a fresh water and salt water ecosystem at the same time. It was found out that there were 428 plant species and 48 of which were endemic in the flora studies carried out between the years of 2002 - 2004 in Sultan Sazlığı National Park, which has a national and international importance. According to the bird census studies carried out up to this time, there are maximum 301 bird species in Sultan Sazlığı. Number and species of birds in Sultan Sazlığı depend heavily on the changes of water level in the ecosystem of wetland area and months. You can observe the wild life, participate rock climbing and capture unique frames in this Park.



# ATATÜRK HOUSE

Mustafa Kemal stayed in this mansion, which was built by İmamzade Reşit Ağa in the 19th century, for two nights during his Kayseri visit as the Head of Delegation. The exterior of the mansion is made of cut stones while the main material used in the construction was wood. The roof ends decorated with wood motifs and the lower eaves of the bay window are among the striking details of the structure. The mansion was expropriated in 1978 by the Ministry of Culture and opened as the Atatürk House in 1983, while the second floor of the house was turned into Atatürk Museum in 10 December 1998. Photographs of Atatürk taken in the city and the declaration published in Kayseri are among the 41 items on the exhibition in the part of the Atatürk House which was turned into a museum.



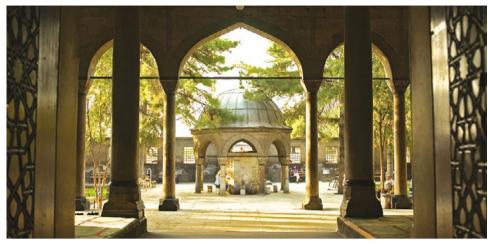
# **KAPUZBAŞI WATERFALL**

Kapuzbaşı Waterfall, which is one of the falls located in the boundaries of Kapuzbaşı village of Kayseri, has the distinction of being the highest waterfall in Turkey and the second highest one in the world. The most important feature of Kapuzbaşı Waterfalls is that it falls from the source. Waterfall is located in a deep valley inside the Aladağlar. Aladağlar National Park is at the junction of province boundaries of Kayseri, Niğde and Adana. Kapuzbaşı Waterfalls is bigger than Niagara in USA (55 m), Imatra in Finland (25 m), Tortum in Erzurum (50 m), Düden (25 m) and Manavgat (5 m) in Antalya in terms of altitude flow. The altitude of the Waterfalls is 700 meters.



# **KAYSERİ CASTLE**

Kayseri Castle, which is located in Cumhuriyet Square, is a heritage of the Roman Empire. There are two castles in the city center as the inner castle and the outer castle, which is formed by the walls surrounding the inner castle. Although it has been attacked many times and its outer walls are almost completely destroyed, it is still the best preserved city castle in our country. Castle, which was built to prevent invades, is the most important structure of the city that radiates a different atmosphere as well as shedding light onto thousands of years old history. According to a few documents that can be shown as proof, Kayseri walls were first built in the middle of the III. century, it was narrowed and repaired in the middle of the VI. century. There are not certain records that show which part of the walls belong to Roman or Byzantine Empires.



# **KURŞUNLU MOSQUE**

This mosque, which was built by Sinan the Architect in his hometown of Kayseri in 1573 and whose real name was Hacı Ahmet Paşa Mosque, is called "Kurşunlu Mosque" due to its lead coated central dome. The Mosque holds the title of being the only work of Sinan the Architect, whom has built 12 works, reaching the modern day in Kayseri. The prominent features of the Mosque are its inner decorations, pulpit and domed fountain in the garden that is built upon eight pillars. Kurşunlu Mosque, being a classic Ottoman period architecture, is one of the most beautiful mosques of Kayseri with its embroidery and decorations. The narthex of the Mosque, which was built with smooth cut stone, is double arcaded as in other mosques of Sinan the Architect; Mihrimah in İstanbul Üsküdar, Atık Valide and Eminönü Rüstem Paşa.



# WHAT TO EAT IN KAYSER!?

Food of Kayseri that connects the Anatolia together is a 5 thousand years old heritage. The city is generally popular for its butter, pastrami and tomato paste but manti is inseparable from the city. The fact that merchants of Kayseri boasted of Kayseri manti in their domestic or international travels and even bring gifts including it contributed to the promotion of manti at the international level. Even though there are 30 types of manti in Kayseri, the most delicious one is Kayseri tray manti. This meal that is appealing both in appearance and taste, is cooked differently than the generally known manti. In this cooking style, manti is not sealed and it is fried on a tray instead of cooking in a pot.



# DÖNER TOMB

According to a rumor, the structure was named as Döner to have revolved and it was built in 1276 for Sah Cihan Hatun. the daughter of Anatolian Seljuk Therefore, it is also known as Şah Cihan Hatun Kümbet The tomb, which is made of vellowish cut a cylindrical body. The twelve sides of the tomb are ornamented with plantal and geometrical patterns which were etched. There are two lion etchings with human heads, some parts broken, on the door. Each side of the twelve lancet arches are decorated with different ornaments. The double-headed eagle emblem between two winged panther figures is seen on the door facade of the tomb, which stands monumental tent.

# NASAL OBSTRUCTION CAN CAUSE SERIOUS HEALTH PROBLEMS

There is no doubt that we all want to be healthy. And of course, breathing properly. The proper and healthy way of breathing goes through a fully functional nose. Nose is the first and foremost step of our respiratory system even though one out of two people have a temporary or permanent nasal problem that obstructs the flow of air. Betül Şahin Otolaryngologist of Acıbadem Bakırköy Hospital says that people with nasal obstruction usually choose temporary solutions rather than permanent ones and states that chronic nasal obstruction may trigger serious diseases in the later period.







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# It Fundamentally Affects the Quality of Life

The most critical requirement for oxygen breathing living beings is to be able to sufficiently aspirate. Lack of oxygen can cause unexpected problems in our mental and physical health. Any situation that obstructs our nose, the gateway of our respiratory system, can drastically affect our life quality. It causes physical health problems such as snoring, sleep apnea, chronic cardiovascular diseases, feeling tired all the time due to lack of oxygen and having to make more effort than needed for any task. Aside from physical complaints, problems concerning mental health such as unhappiness and depression may appear due to unhealthy breathing.

# The Four Most Common Factors

Specialist Betül Şahin emphasizes that many unsolved conditions from concha to chronic sinusitis may completely dysfunction the nose, after giving information about four most common factors of nasal obstruction. These four factors are:

- Nasal septum deviation (Developmental or genetic)
- Concha problems (A condition called concha hypertrophy or polyp in which the concha obstructs the nose)
- Chronic sinusitis (Narrowing of the nasal passage due to constant nasal flow caused by chronic sinusitis problems)
- Allergic rhinitis (Chronic growing of concha due to allergy)

# Chronic Nasal Obstruction Can Trigger the Risk of Death

Sahin, after emphasizing that people avoid determining this problem or seek temporary solutions, draws the attention to important diseases that can be caused by chronic nasal obstruction by stating that " Nasal obstruction is a problem that people get used to in time. Therefore, these people can't get used to the idea of undergoing a surgery and keep postponing these operations. However, chronic nasal obstruction can trigger many serious diseases such as chronic cardiovascular diseases, death risk during sleep apnea, depression, concentration problems and dementia. Because people waste their times by ignoring respiratory problems and searching for other factors, these problems usually worsen."



# Attention to Snoring and Sleep Apnea!

When people realize that they start making more effort than they used to for daily tasks, they should apply to an otolaryngologist. However, if people experience more snoring and sleep apnea, they must see a specialist.

> "Chronic nasal blockage may trigger the cardiac diseases and death risk."

# What are the Symptoms?

There are symptoms other than respiratory problems and making more effort in people that suffer from nasal obstruction.

- Especially chronic headaches starting from the face and spreading to whole head area.
- Sinusitis pains accompany other symptoms as the nasal passage does not work, triggering sinusitis infection.
- Problems in smelling and tasting related to it.
- Pharyngitis and tonsillitis occurrence due to breathing through the mouth.
- Ear infections and loss of hearing in later periods.
- Having asthma accompanying allergic based nasal obstructions. People having one or more of these conditions must apply to a specialist and talk about these symptoms.

# At the Center of the City, Inside of Life





Wyndham Grand İstanbul Levent is located at the heart of a city, combining ancient splendor and modern elegance. With direct access to Levent underground station, where the city's most modern business, shopping and entertainment centers are founded, direct connection with 3 shopping malls, only 3 km to amazing Bosphorus and proximity to the newest İstanbul Airport provide superior advantages to leisure & business travelers.

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**BEAUTY** NEW PRODUCTS

Beauty Products That Will Prepare Your Skin for the New Year

We prepared many self-care and cosmetic products for you which include moisturizers, masks and lotions for your skin in these cold days as well products to tan your skin and make it brilliant which you are accustomed to from summer. Enjoy the reading!

MAKE UP

FOR EVER

PROFESSIONAL - PARIS

BASE CORRECTRICE

DE ROUGEURS

REDNESS

CORRECTING PRIMER

# **THE BODY SHOP**

Tea Tree Anti-Imperfection Daily Solution has a light structure and it helps the skin gain its natural look by fighting spots. The Body Shop Tea Tree Anti-Imperfection Daily Solution Face Serum makes the skin smoother, healthier and cleaner after four-weeks regular usage. It is easily absorbed by the skin due to its pure tea tree content and decreases the spots on the skin. It is recommended to be used after daily cleaning of the face.

Price: 149.90 TRY



### **SEPHORA**

Sephora hand mask alone provides the moisture that your hands need in the winter. You can indulge your hands in 15 minutes by using aloe vera based hand mask in your daily routine, while working or having fun. Hand mask provides a real care for your skin up to your fingertips.

Price: 22 TRY



# **KIKO MILANO**

The professional Italian make-up brand Kiko Milano presents the beauty inspired by the natural life with its Green Me collection. Lipstick in the collection coats your lips with a light, velvety and irresistible cover. 96% of the green formula created from natural raw materials are enriched with almond oil and castor-oil. New Green Me Matte lipstick has a super soft structure and properly slides onto the lips; its pigmented formula sticks to the lips perfectly and provides super cover starting from the first layer.

Price: 40 TRY



### **MAKE UP FOR EVER**

Make Up For Ever make-up base is a product designed to heal the skin. make it smooth and equalize the skin tone before applying make-up. Base usage makes your make-up smoother and perfect while it also enables the make-up to last during the day.

Price: 125 TRY

## **BOBBI BROWN**

Intensifying Long - Wear mascara of this brand highlights the evelashes as well as providing the longest durability among its products with 16 hours. The perfected brush for the maximum volume reaches to the shortest eyelashes highlights them and do not flocculate. One of the most important features of this product is that you can wash it with warm water without needing a make-up remover.



### Price: 170 TRY

### LANOLIPS

Lanolips 101 Ointment Multi-Balm - Coconutter is a balm that you can both use for your lips and vour whole body. It's a one hundred percent natural moisturizer for dry lips, dry skin and elbows that need ideal moisturizing during the winter. You can apply the ultra-dense balm directly to your dry lips or skin after heating it up between your fingers. It will soften the applied area in a short time with its natural content.

Price: 99 TRY



### **SMASHBOX**

The product contains the indispensable parts of the skin make-up on both sides; on one side it has a medium-sized full-length foundation and on the other side it has contour compatible with the color of the foundation. The foundation offers medium coverage with a natural finish while the contour fits perfectly with the skin color and allows you to shape the features of your face. The two-inone product helps you equalize your skin tone and highlight your facial features at the same.



Price: 225 TRY

# L'OCCITANE

Prized hand cream of L'Occitane provides care for the hands that need intense moisture during winter. Each bottle has twenty percent shea oil enriched with honey, almond and Coconut oil makes the product more nutritious. The jasmine and ylang ylang in its content creates a pleasant smell. Cream is quickly absorbed by the skin and restores the skin to a smooth softness without making it oily. It is suitable to use at home or travel.

Price: 115 TRY



BEAUTY | NEW PRODUCTS

### **THE BALM**

Take Home The Bronze is a blusher featuring bronzer and it is designed for people that wants to carry the gleam of the summer in every season. The product promises a gleaming skin with natural bronze look that is compatible with each skin tone. It helps you gain a striking look aside from its easy application with agleam and velvety formula.

### Price: 80 TRY



# **URBAN CARE**

It is time for caring the hair worn in the summer months with sea, sand and the sun! Hair care serum of Urban Care provides a shiny, silky soft hair by preventing form loss caused by dryness thanks to its formula developed for easily broken, electrified, frizzy and matt looking hair. Anti-splitting hair care serum that has argan oil in it can be applied by taking a small amount in the palm and equally rubbing it to wet or moist hair without requiring washing.



Price: 39.90 TRY



### **FLORMAR**

How about carrying the gleam of the new year to your finger nails with different color options of Flormar Glitter Nail Enamel series? You can use the parts of the nail polish series alone or you can create different designs on your finger nails with its formula that has glitter. You can apply it as one or two layers depending on the glitter intensity.

Price: 9.99 TRY

# L'OREAL PARIS

Optimistic La Petite eyeshadow palette has five flashy colors which you can combine with your fascinating looks. You can experience intense and vivid colors with a smooth and velvety texture. The perfect eye makeup needed to have a foggy and meaningful look is always with you now, with intense colors and soft texture!

Price: 39.90 TRY





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# World of science with "bakalım biz"



There has been a new development regarding the problem of tooth enamel loss that scientists have been getting no results of despite long-term studies. A new method developed by Chinese scientists have succeeded preventing the tooth enamel loss which has an important role in tooth decay. Tooth enamel is only present during tooth development and does not have the ability to restore itself after permanent teeth are formed. Scientists have tried to artificially mineralize the enamel before and failed. However, Chinese scientists have used a material during the study that copies the natural mineralization process of the protective layer of the human tooth. Scientists have developed a liquid solution that can effectively restore the outer layer of the tooth enamel. Although this solution is hundreds of times thinner than the layer of the tooth enamel, it is said to be improved.

# HOW DREAMS ARE FORGOTTEN HAS BEEN EXPLAINED



In the research carried out by the scientists of Nagoya University of Japan and National Institute of Neurological Disorders and Stroke (NINDS) of USA, it has been found out that a group of cells in the brain prevents the storage of the dreams.

Scientists have carried out several experiments on the storage of the dreams. Prof. Dr. Thomas S. Kilduff, one of the scientists that examined the hypothalamus part of the brain has stated that dreams appear in the in the deep sleep stage in which MCH cells are active. Kilduff has stated that MCH cells create the dreams while they also prevent their storage.

# **RECENTLY DISCOVERED EEL CAN PRODUCE 850 VOLT ELECTRICITY**

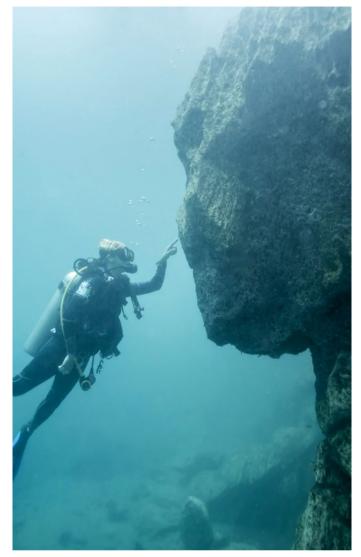


Electric eels, an inspiration for the Alessandro Volta, the inventor of the battery, have been thought to have only one species. However, two electric eel species have been discovered in the Amazon basin and one of them can produce 860 volt electricity. A team with the leadership of the Washington Smithsonian National Museum of Natural History Zoologist C. David de Santana has stated that analysis 107 DNA samples collected from the remote corners of the South America indicates the existence of two electric eel species. The results of the study published in the science journal Nature Communications have indicated that the eel species named "E voltai" is the only living creature with the capacity of producing the most electricity. The highest voltage of the electric eels has been recorded as 650 volts up to now. However, E voltai can produce 860 volt electric shock.



# THE WORLD'S TALLEST TREES HAVE BEEN DISCOVERED

A team consisting researchers from Brazil, Swansea, Oxford Universities with the leadership of Eric Gorgens and Diego Armando da Silva has discovered the tallest tree that has ever been found in the rain forests. The discovered tree is 30 meters taller than the previous record holder tree with its 88 meters tallness. Researchers state that this tree is not alone and these huge trees are found in high numbers in the Guiana Shield region of North - Eastern Amazon, which accounts for about 9% of the remaining tropical forests of the earth. The team has continued measurements and exploration and found 15 giant trees that are taller than 70 meters, some of which going up to 80 meters tall. However, the surprising thing is that all tropical trees in this area belong to the same species.



# THE WORLD'S LARGEST MICROBIALITE HAVE BEEN FOUND IN VAN LAKE

There has been a new discovery in the Van Lake, the biggest soda lake in the world and the biggest lake of Turkey. The world's biggest microbialite with 18 meters tall and approximately 50 thousand years old have found in the lake with this discovery. Furthermore, the age of the discovered microbialites goes up to 70 thousand years. Microbialites are rocks in which cyanobacteria and some microalgae form precipitates of calcium carbonate. A new microbialite which is 23,4 meters tall and 68 - 70 thousand years old have been found in this discovery made by Underwater Cinematographer Tahsin Ceylan and Diving Instructor Serkan Ök. The title of the "world's biggest microbialite" has been handed over to Van Lake with his exciting discovery.



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# **COMING TO THEATERS**

# Last Christmas

# Release Date: 29 November 2019

The cast of this romantic comedy includes Emilia Clarke, Henry Golding and Emma Thompson. Kate is a young woman living in London. This young woman that has made a lot of mistakes in her life and works as an elf in a Noel store. When a man named Tom gets involved in Kate's life at an unexpected time, the world of the young woman becomes completely different. Kate tries to make a new beginning for her life with Tom in the best times of London, although he pushes the limits of Kate. It won't be too hard for Tom and Kate to listen to the sound of their hearts, although nothing goes smoothly in their lives...



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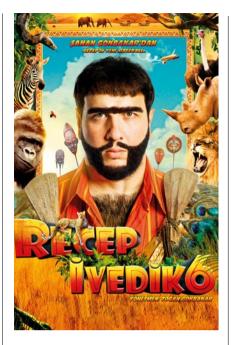
CINETIME

62 we you they 2019



# Terminator: Dark Fate Release Date: 1 November 2019

Arnold Schwarzenegger plays the role of "Terminator" once more in the sequel to Terminator, which is considered to be one of the most important action and science fiction movies of all time. Linda Hamilton accompanies Schwarzenegger with her character "Sarah Connor" in the movie directed by Tim Miller. Will these two heroes be able to protect the planet against creatures and robots that want to destroy it?



# Recep İvedik 6 Release Date: 8 November 2019

The sixth movie of the Recep İvedik series is directed by Şahan Gökbakar and his brother Togan Gökbakar. New adventure of the Recep İvedik is in Kenya according to the social media post of Şahan Gökbakar. Recep İvedik goes into many adventures after misunderstanding Konya as Kenya. Leading roles of this movie are Şahan Gökbakar, Nurullah Çelebi and Somer Karvan.



# Merhaba Güzel Vatanım Release Date: 1 November 2019

Merhaba Güzel Vatanım is written by Ahmet Ümit and is directed by Cengiz Özkarabekir, whom have filmed many documentaries over the years. This documentary genre movie, Merhaba Güzel Vatanım, sets out from the real life stories of two authors and describes the impact of Nazım Hikmet's journey to Moscow on the stormy life of Ahmet Ümit and his departure to Moscow in the 1980s. Yetkin Dikinciler plays the role of Nazım Hikmet whom he has played many times before.



# Ford v. Ferrari Release Date: 15 November 2019

Ford v. Ferrari, directed by James Mangold, tells the real story of 24 Heures du Mans Race that was held in 1966. The Henry Ford II and Lee Iacocca duo ask group of strange but determined American engineers and designers to build a car from scratch. The team, led by automotive visionary Carroll Shelby (Matt Damon) and British driver Ken Miles (Christian Bale), sets out to defeat the Ferrari, which has dominated the racetracks for many years at the 1966 Le Mans World Championship in France.





CINEMA



# **Doctor Sleep Release Date: 22 November 2019**

Danny is exhausted and becomes addicted to alcohol due to struggling with his traumas. In order to run away from this, he starts working in a nursing home in New Hampshire, where he can give peace to people in their last moments. Meanwhile, on the highways all over America, members of a cult called True Knot wander around in search of prosperity. The truth about this cult that have old and harmless looking people is terrifying. Danny realizes that this group targets people with powers by forming a psychic connection with Abra. This group has become semi-immortal by inhaling the "steam of gleam" during the torture of gifted children. Abra will face Danny with his demons and get him into a war for her soul...



# **Charlie's Angels Release Date:** 29 November 2019

Charlie's Angels in the action comedy genre is about the adventures of talented female agents. The angels of this movie, directed by Elizabeth Banks, are played by Kristen Stewart, who is the first American actress winning the BAFTA award as well as the Best Supporting Actress award at César Awards, beautiful British actress Ella Balinska and Naomi Scott, who played the role of Disney princess Jasmine in the remake of the Aladdin.



# Frozen 2 **Release Date:** 22 November 2019

Frozen 2 is about the adventures of Elsa, Anna, Kristoff, Olaf and Sven who goes on a dangerous journey beyond the gates of Arendelle. The adventure is based on the question "why Elsa was born with magical powers." Seeking the answer to this question, Elsa goes on a magnificent but dangerous journey with Anna, Kristoff, Olaf and Sven.



# **Addams Family**

# **Release Date: 6 December 2019**

Morticia, a woman who has dedicated herself to her children and to her husband, Gomez, a family man who is genial, evil and passionately in love with his wife, Wednesday, a clever girl who has long braids and a sarcastic humor, and 10 years old Pugsley, who follow any danger he can find. However, the members of the house are not limited to them. The family's crazy uncle Fester is good-natured, cheerful, and can lead to confusion in every way, while grandmother adores her grandchildren who love baked sugar cookies shaped like bats and skulls. Margaux Needler confronts the family while they are preparing for a celebration. Margaux Needler is the queen of a loved reality show and she has dedicated herself to suburban-type pastel perfection. What will be the outcome of the confrontation of both sides?



# Star Wars: The Rise of the Skywalker Release Date: 20 December 2019

Kylo Ren has become the leader of the First Order after he has killed the Supreme Leader Snoke. The galaxy slowly falls into despair under his ruthless rule. Rey has embraced the force and severed the bonds that bind her into the past after Luke Skywalker has become one with the force. There are inner upheavals in the First Order as the conflict between Kylo Ren and Rey intensifies. Kylo Ren getting ruthless to stay in power, Rey constantly trying to defeat him, reappearing Ren Knights, Poe and Fin trying to enlarge the Resistance and the war between the light and dark will change the balance in the galaxy...



# Jumanji: The Next Level Release Date: 13 December 2019

Dwayne Johnson is once again the leading role in Jumanji: The Next Level, the sequel of "Jumanji: Welcome to the Jungle" released in 2017. In the sequel of the Jumanji, in which four friends are stranded turning into avatars with special powers, the team is reunited to see that the rules of the game have changed. Also, they need to get back into the Jumanji to save one of their friends. The team returning to Jumanji will have to find a way to escape from the game as they struggle with the mysteries of barren deserts and mountains covered in snow.



# Cats Release Date: 20 December 2019

A cat tribe called Jellicles is involved in events that will change their lives in a night. There is a place called Heaviside, a kind of heaven for cats. The task of the king is to choose the cat to go there. However, an evil cat named Macavity kidnaps the king. We see the choosing person in the movie not only as king but also with the name of Old Deuteronomy and the portrayal of Judi Dench. On the other hand, Idris Elba portrays the evil cat Macavity. The movie is adapted from a Broadway musical and its cast includes many stars such as Taylor Swift, Rebecca Wilson, Jennifer Hudson.



# Mucize 2 Aşk Release Date: 6 December 2019

Mucize 2: Aşk is the sequel of "Mucize" released in 2014 has a cast in which Mert Turak, Fikret Kuşan and Biran Damla starring. The film is written and directed by Mahsun Kırmızıgül as in the first movie. The second film is based on a real story as the first one and will shed light on many points that the first movie did not cover.



# Playing with Fire Release Date: 27 December 2019

"Playing with Fire" is about firefighters who spend the Christmas weekend at the fire station looking after the three mischievous children they saved. In this family comedy, directed by Andy Fickman, John Cena, Keegan - Michael Key, John Leguizamo play the leading roles in the family comedy. CINEMA | FOCUS

# STAR ACTRESS: *Emilia Clarke*

Emilia Clarke, who were included in many big or small projects in the first years of her acting career, was considered as a promising English star with the character which she played in the television movie Triassic Attack released in 2010 in Turkey. We will see the successful actress in the cinemas this year in the movie Last Christmas after her performance in the show Game of Thrones which broke the rating records and made her gain fame worldwide. In this romantic comedy movie, Emilia Clarke will be accompanied by Henry Golding and Emma Thompson.



ALL LINGS

Director: Paul Feig Starring: Emilia Clarke, Henry Golding, Emma Thompsan Distributor: UIP Türkiye Genre: Romantic Comedy Emilia Clarke was born in 23 October 1986 in London, England. The interest on acting of the actress who has a brother, whose father is sound engineer and mother is business woman started at the age of 3 after she watched the Show Boat musical in the theater where her father works.

Emilia Clarke who also did voice acting in her career along with acting dubbed the Marianne character in Futurama which is a cult science fiction cartoon. She also dubbed in the productions of Robot Chicken, Animals and Thunderbirds are Go.

Clarke completed Oxford St. Edward School first, and Rye St. Antony High School then. The actress who got theatrical education during her university education graduated from Drama Centre London University in 2009. The beautiful actress can fluently speak German and Italian along with her interest in music. Clarke both can sing and play guitar, flute and piano.

The first acting project of Emilia Clarke who was working as real estate consultant during her education life was the series called Doctors broadcasted in television in 2009. Her first role in television movie was the character of Savannah in Triassic Attack. After this movie, Screen International magazine regarded the successful actress as "UK Stars of Tomorrow".

Emilia Clarke reached the peak of her career with her role Daenerys Targaryen in the show Game of Thrones which was adapted by the book of George R. R. Martin, A Song of Ice and Fire, and which was watched by millions of people worldwide.

Clarke who played in the series which started in 2010 and continued for 8 seasons got a tattoo of three little dragons since she is called as the mother of dragons and shared this in her Instagram with the note, "This mother is never gonna forget her babies". Previously, Clarke had a wasp tattoo on the pinky finger of her left hand after the movie called "Me Before You", which was released in 2016. She said that this tattoo symbolizes the end of the story of the character in the movie, and she wants to remember those moments forever.

Clarke who likes the yellow wig used in series wanted to use her wig during her daily life but the producers did not allow her thinking that it would damage the image of series.



# AGENDA

# agenda



# AJDA PEKKAN

Ajda Pekkan, the legend of Turkish pop music, will take the stage in Ankara on 17 November and in Konya on 19 November after her Denizli, Antalya, Bursa, İzmir, Gaziantep concerts within the extend of her tour. Ajda Pekkan, who have had spectacular concerts with the tour organization that started in September, will make her audience experience an unforgettable night with her popular songs, assertive costumes and dances.

# FATİH ERKOÇ

Fatih Erkoç, one of the first names that come to mind in Turkey about jazz, will take the stage in two concerts in İstanbul and one concert in Antalya in November and December within the extent of his acoustic concert program which he has started in October. Fatih Erkoç will entertain his audience by playing piano, trombone and flute aside from singing his popular songs.





# **RHYTHM OF THE DANCE**

The Rhythm of Dance show will be staged at Istanbul Hodjapasha Show and Event Center on November 14th, where Ottoman Palace dances and dances of different regions of Anatolia are transformed into a contemporary choreography by blending oriental dances and shows. This dynamic dance show will fascinate the audience in the historical atmosphere with 360 degree visual effects and magnificent costumes. Palace Dance - Fan, Aegean Region Zeybek Dances, Thrace Region Roman Dances, Solo Shaman Dance - Blacklight, Eastern Anatolian Halay Dances, Solo Oriental Show, Group Oriental Show -Chandelier, Solo Azeri Dance, Balkan Region Dances, Solo Darbuka Oriental Show, Rhythm Show, Black Sea Region Horon Dances are included in the program.



# **COFFEE WORKSHOPS**

Coffee Workshops, where you can prepare coffees to warm you in cold weather, will give trainings at Istanbul Culinary Arts Academy during November and December. Workshop invites the coffee lovers to learn about a wide range of subjects from the tricks of coffee roasting and grinding to brewing equipment, from the preparation stage to milk froth techniques and each state of espresso and espresso-based products.



# **BEYOND BOLLYWOOD**

Beyond Bollywood, which will be staged in İstanbul Zorlu PSM on 26 November and 1 December promises you a witnessing of the color, energy and passion of Bollywood and an authentic cultural journey unique to India. Will Shaily Shergill, who left her home behind in Munich and travel to India to fulfill her mother's last wish, be able to make her mother's dream come true? Beyond Bollywood transforms into a theatrical experience with more than a thousand costumes and dances. The musical, written by Rajeev Goswami, crowned with the lyrics of Irfan Siddiqui and gaining a different dimension with the music of Salim-Suleiman, comes to life with the outstanding talents of Bollywood!

# **MOVING PUPPETS**

There are many successful puppeteers who perform puppet shows with classical stringed puppets in the Czech Republic which is known as the motherland of puppetry. The world-famous Puppeteer Pavel Vangeli, who immediately comes to our minds with his skills in puppetry, comes with his impeccable show to meet the audience. Moving Puppets, which will be staged as a part of the International İstanbul Puppet Festival, appeals to all age groups.



# LORD OF THE FLIES

Theater adaptation of Lord of the Flies, which is the Nobel Prizewinning novel of William Golding and considered among the world classics, will be staged in Turkey for the first time after Sidney. The theater play will be staged during November respectively in İzmir, Aydın, Adana, Hatay, Gaziantep and Mersin; it is about a handful of schoolchildren who have fallen on a deserted island during an atomic war, moving away from all the civilized traditions of the world they have come from and revealing the ugly truth underlying the human creation.



# **TECHNO TREND** We have compiled the latest technological products for you in the world of technology from the sleeping band that improves sleep quality to the lightest laptop in the world, from Huawei's highly anticipated Honor mobile phone to

Philips' latest generation of cooking utility.

# **APPLE LAUNCHED ITS NEW MOBILE PHONE IPHONE 11**

Apple, the technological giant of USA, launched the newest model of its IPhone series, IPhone 11. With the introduction of the iPhone 11, Apple also introduced the new family members, the iPhone 11 Pro and the iPhone 11 Pro Max. The iPhone 11 is a brand new phone with its new ultra-wide camera, night mode and revamped portrait mode shooting, next-generation smart HDR and slow-motion selfie, reinforced glass, water-resistant, all-day battery life and fast chip. With all the cameras of the iPhone 11, you can shoot 4K video at 60 frames per second and get incredibly clear images. The smart phone that has a redesigned interface comes with the options of purple, yellow, green, black, white and red colors.





# PUT AN END TO THE SLEEPING PROBLEMS WITH THE PHILIPS SMARTSLEEP SLEEPING BAND

Philips' Smartsleep band, which will be launched in the USA this year and next year in Europe and other global markets, is one of the most interesting products of this year. The product is developed as a solution to the sleeping problem and the latest development of the sleeping solutions portfolio of Philips which aims to solve eighty percent of every day sleeping problems. SmartSleep Band of Philips offers a clinically proved and customized experience for snoring resulting from sleeping positions. The sensor on the soft band which is worn below torso follows whether the users lie on their backs while sleeping. When a change of position is detected, it emits adaptive vibrations so that the users can turn to sideways and not lie on their backs, causing snoring.



# NEW ACER SWIFT 5, THE WORLD'S LIGHTEST 14" NOTEBOOK

Designed for those who want the same performance everywhere, the Acer Swift 5 Notebook PC incorporates all the features of a notebook, elegant design, thin frame, superior performance and battery life. In addition to these features, the 14-inch Acer Swift 5 has the lightest case in its class since its introduction; its case is made of a balanced combination of magnesium lithium and magnesium aluminum alloys. Designed for frequently traveling professionals, the Swift 5 is a light yet powerful notebook. It offers up to 12.5 hours of battery life as well as up to 4.5 hours of usage for a 30-minute charge. Users can easily and securely log in via the built-in fingerprint reader.

# NEW GENERATION COOKER PHILIPS AIRFRYER XXL

One of the most popular kitchen products, air fryer has been sold more than 10 million since 2008 and it is a perfect cooker that makes it possible to prepare healthy meals in a practical way. Inspired by the success of air fryers, Philips takes control of the entire cooking process with the Philips Airfryer XXL that has new Smart Sensing technology. For the most popular air fryer dishes, there are five "smart chef" cooking programs from boiling to pizza. At the press of a button, Philips Smart Sensing technology is activated and seals the flavors of the dished and deliver excellent flavors by automatically adjusting the time and temperature settings of the air fryer. It also ensures that the food is cooked exactly as desired, eliminating the need for unnecessary kitchen appliances and the possibility of overcooking.



# THE NEW TABLET OF SAMSUNG, GALAXY TAB S6

The Samsung Galaxy Tab S6, which supports the creativity of its users, strengthens their connections with each other and supports them to realize what they want to do, is launched. Samsung Notes can transform handwriting to digital text and it makes it easier to take and transfer notes since it can convert the text to Microsoft Word format with a single click. In addition, the device performs its multitasking function by adjusting the window transparency, allowing you to quickly make notes or draw on the same screen while watching a video. The ultrawide-angle camera is able to record landscapes close to what the human eye sees, with a 123-degree field of view. At the same time, the neural processing unit makes it possible to take professional-quality photos with improved effects. Galaxy Tab S6 is unlocked much easier thanks to the fingerprint scanner which the Samsung offered on screen for the first time.





# HONOR 20 MOBILE PHONE IS IN TURKEY

China-based technology manufacturer HUAWEI launches HONOR 20 in Turkey, the latest member of the HONOR device family, which is the result of continuous R&D studies. HONOR 20, using dynamic holographic design for the first time in the world, and offering superior photograph features with its 48 MP four camera technology which is supported by artificial intelligence, will meet with the technology enthusiasts in Turkey with its specially designed İstanbul-themed box and gifts. The HONOR 20 Series offers 91.7% screen-to-body ratio with a 6.26inch full screen. Placement of the front camera directly into the screen opens the door to a whole new visual experience without compromising aesthetics. The battery that ensures the all-day usage excites the enthusiasts of technology.





# A BRAND NEW CONCEPT FROM THE CREATOR OF TAVUK DÜNYASI: DOYUYO!

In our new issue, we visited the delicious kitchen of Doyuyo! which is the brand new concept of Pardo Food team, the creator of Tavuk Dünyası which made a difference in food courts of shopping centers in Turkey with their concept. Doyuyo! whose first branch opened in ÖzdilekPark İstanbul presents its unique tastes to its visitors in Ankara and İzmir branches as well.





# **PAPRIKA & PARMESAN TENDERS**

# INGREDIENTS

• 4 pieces of boneless and skinless breast fillet

# SIDE DISHES

- Ciabatta bread
- 150 gram fries with cajun seasoning
- Sambal sauce
- Cheddar sauce

# INSTRUCTIONS

Firstly, the chickens are marinated for 12 hours and after the first marination process, the second marination process starts. The chickens are covered with special coating after their marination processes are completed. The coating continues after the chickens are fully covered in coating. The coated chickens are fried in hot oil of 184 degrees for about 3 minutes. After the oil is drained, the chicken is prepared for serving by blending them with special seasoning with parmesan cheese and paprika pepper. It is served with sambal sauce and cheddar sauce which are prescribed by special chefs along with fries with cajun seasoning and ciabatta bread.

# CAFE DE PARIS SWEDISH MEATBALL·

# INGREDIENTS

- 200 grams 100% beef mince
- 1 paprika pepper
- 1 California pepper
- Cafe de Paris sauce

### **SIDE DISHES**

- 2 ciabatta bread
- Pasta with tomato sauce and basil
- 1 portion of salad (iceberg lettuce, red cabbage.

carrot and lettuce which are sauced with salad sauce)

# INSTRUCTIONS

10 meatballs are obtained after working the beef mince with special meatballs mix. 1 paprika pepper and 1 California pepper are julienned and cooked in the oven. Besides, the prepared meatballs are baked. The meatballs are served together with roasted peppers and Cafe de Paris sauce is poured on them. The sauced meatballs are served with pasta with tomato and basil sauce, salad and two ciabatta breads.

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# FISH ON THE TRAY

# INGREDIENTS

DOYL

LEZZETINE

- DOY

LET.

• 3 pieces of haddocks

# SIDE DISHES

- Fries with cajun seasoning
- Tartar sauce
- Sambal sauce
- 1 piece of ciabatta bread

# INSTRUCTIONS

The fish underwent marination process are covered with a special mix and fried in hot oil for about 3 minutes. It is served with seasoned fries, ciabatta bread, tartar sauce which is a must for fish dishes and sambal sauce.

# KÖRİMAYO GRILL THIGHS

# INGREDIENTS

- 2 pieces of boneless thighs
- Special mixed sauce with curry

# SIDE DISHES

- 1 portion of salad (iceberg lettuce, red cabbage, carrot and lettuce which are sauced with salad sauce)
- Rice with mushroom and dill
- 2 ciabatta breads

# INSTRUCTIONS

Firstly, the thighs are marinated for 12 hours and after the first marination process, the second marination process starts. The thighs whose marination process is completed are seared on the grill first. Special Körimayo sauce of Doyuyo! is poured on the thighs which are ready to be served. It is served with rice with mushroom and dill, ciabatta bread and salad.



# PATAYO

### **INGREDIENTS**

- 1 potato
- Special Patayo sauce
- Scallion

# INSTRUCTIONS

Cubed potatoes are fried on the pan with special Patayo sauce and made ready to be served, and the ringed scallions are added on top of them.

# BROWYO

# INGREDIENTS

- 2 slices of brownie
- 1 scoop of vanilla ice-crean
- 2 table spoons of caramel sauce

# INSTRUCTIONS

Two pieces of wet cake which was prepared with special chocolate sauce including caramel pieces are placed on top of them cater-cornered. It is served by adding one scoop of ice-cream and caramel sauce over the cake.

Social Media

We have compiled the contents of the Instagram posts of social media influencers and famous people. Enjoy the reading!



### NİL KARAİBRAHİMGİL (@niltakipte)

Nil Karaibrahimgil, who is popular with her likeable attitude and songs, has 785 thousand followers in her Instagram account. She is acclaimed for her texts under her photographs as well as her photographs; she also shares her writings meticulously. Karaibrahimgil, who often shares photographs from the stage, does not neglect to share the beauties of the nature that she witnesses.



### **VEDAT MİLOR (@vmilor)**

Vedat Milor, who uses social media in a very sincere way, has 460 thousand followers in his Instagram account. Milor shares the photos of the dishes in the restaurants that he likes due to his occupation and sometimes shares videos of his reviews on these dishes. He also shares anecdotes of opinion columns in his social media account which is almost a taste guide.



### DİLARA KOÇAK (@dilarakocakiyiyasam)

Dietician Dilara Koçak, who shares healthy food and healthy eating ideas on social media, has 357 thousand followers on her Instagram account. Koçak, who gives recipes of healthy tastes frequently in her account, shares her joyful journeys with her followers as well as the frames of her daily life.



### SUNAY AKIN (@sunay.akin)

Poet, writer and researcher Sunay Akın, who has 1.1 million followers in his Instagram account, pays attention to sharing every day and has been sharing a fairy tale picture for his followers every night for a long time. It is known that Akın, the founder of a toy museum, will soon establish a fairy tale museum. Akın, shares show and event calendars, as well as images from his time in the museum with his followers.



# CEYDA DÜVENCİ (@ceydadvenci) 🖣

The popular actor, Ceyda Düvenci, who has 2.3 million followers, shares fun and happy moments that she has mostly with her children and family in her Instagram account. The successful actor, who draws attention with her sincere and joyful sharing of activities with her children as well as with her pets, sometimes shares her long writings with her followers.



### TOLGA ÇEVİK (@tolgacevikoffical)

Popular actor and comedian Tolga Çevik has 1.1 million followers on Instagram. In his social media account, he shares funny sections from his show program on television, frames that make him smile, his selfies with his children, funny moments in his daily life and his event calendars.

# Feel the Luxury and Comfort



Wyndham Grand İzmir Özdilek is close to recreation area with shopping malls, restaurants, cafés and military museum ship. Proximity to motorway for International Adnan Menderes Airport, Gaziemir Fair Complex, industrial zones including Aegean Free Zone, Ephesus and House of Virgin Mary makes the hotel's location excellent.

With 219 rooms and suites, the hotel offers privileges and advantages of distinguished location embracing sea & city to guests travelling for business & leisure purposes and meeting delegates with five star hotel quality.





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